



# Client Aftercare Instructions

## IPL for Pigmentation Treatment

Hinchinbrook Regenerate offers a treatment to reduce the colour of pigmented lesions caused by sun damage. IPL will provide a gradual and natural improvement to the skin that is long lasting. Sun damage typically seen on backs of hands, décolletage and face will respond well.

## Treatment Plan

- One treatment can show stunning results although it is recommended to have 3 treatments at 2-3 weekly intervals.

## What to Expect

- Pigmented areas will darken noticeably within a few hours post treatment.
- The skin may have a dirty look which may last from 3-10 days.
- The skin may be slightly swollen, which may only last a few hours.

## Care of the Treated Area

- Use cold packs periodically to reduce any swelling.
- Apply aftercare/healing products as prescribed.
- Treat the treated area gently, no rubbing or scratching.

## Precautions

- Do not scratch or pick the area.
- Do not have a hot shower (tepid only) during the first 24 hours post treatment.
- Wear protective clothing or use sun block to keep the area away from sun exposure.
- Do not do a heavy, sweaty workout in the first 24 hours post treatment.

**If you have any questions or concerns, please contact**

**Hinchinbrook Regenerate on 4776 6837.**